

# CODE OF CONDUCT

- Obey the provincial law, the federal law, or the law of the country you are visiting.
- Behave morally, dress respectably, and use only acceptable language.
- Act in a manner that brings credit to your family, your club and yourself.
- Show respect for and co-operate with meet management, pool management, team staff, and all fellow competitors.
- Follow all team, camp, meet and facility rules.

As a representative of the Trent Swim Club, you inherit the responsibility for continuing the tradition of world class achievement. The Trent Swim Club Code of Conduct exists to ensure that swimmers, who represent the Trent Swim Club, are world class both on and off the deck, while at home or away. The Code is in effect at all times the athlete represents the Trent Swim Club. In or around training facilities, during team travel and other team functions. Anyone signing the attached Code of Conduct agreement must abide by it.

To participate in any Team Meet, the Code of Conduct must be signed, (by both the swimmer and a parent/guardian if the swimmer is under 18 years of age) and be received by the Head Coach.

ANY ATHLETES BREAKING THE CODE, FACE THE POSSIBILITY OF BEING REMOVED FROM THE EVENT AND STRICTLY SUPERVISED BY THE MEET CHAPERONES. THIS MAY INCLUDE ADDITIONAL ACCOMODATION EXPENSES.

As an athlete, you are responsible for:

- 1) observing and following the Code of Conduct
  - 2) displaying a commitment to excellence and maintaining a positive attitude
  - 3) being pro-active in your communication with team staff and finding out what is expected of you
  - 4) co-operating with all staff in an atmosphere of trust and mutual respect
  - 5) observing curfew
  - 6) respecting others' needs for sleep, quiet and safety
  - 7) being punctual for all team meetings, transportation to and from the event, workouts or meet warm-ups
  - 8) wearing team apparel, when requested
  - 9) having all training and racing equipment prepared and ready for use
  - 10) keeping your room clean and orderly
  - 11) any damages to your room or its contents
  - 12) any expenses associated with the telephone, movie rentals, room service, etc
  - 13) requesting Chaperone permission to have visitors from outside the team in your room
- Note: all visiting between assigned rooms is always at the discretion of the Chaperones.
- 14) requesting Chaperone permission to leave the team for **any** period of time

#### AGREEMENT AND CONSENT FORM

I have carefully read the Trent Swim Club Code of Conduct, understand it, and agree to abide by it.

If I break the Code of Conduct, I may be dismissed from the team activity, and possible future discipline as determined by the Head Coach.

Participant's Name \_\_\_\_\_ (please print)

Participant's Signature \_\_\_\_\_

Parent/Guardian's Signature (for under 18 yr.old)

\_\_\_\_\_

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Day      Month      Year

**ANYONE NOT AGREEING WITH ANY PART OF THE CODE MAY REFUSE TO SIGN THIS AGREEMENT AND WILL BE EXCLUDED FROM PARTICIPATING IN TEAM MEET EVENTS.**