

**RECORDS Team Records****SC Meters-Female**

10 & U	50 Free	32.18	<b>5-Feb-05</b>	Kieran Liew at 2005 Winter Tune-Up
	100 Free	1:09.23	<b>1-Jan-84</b>	Rebecca Sherlock
	200 Free	2:28.02	<b>1-Jan-84</b>	Rebecca Sherlock
	400 Free	5:08.10	<b>1-Feb-93</b>	Julie Cocks
	800 Free	10:40.36	<b>1-Jan-93</b>	Julie Cocks
	50 Back	35.25	<b>5-Feb-05</b>	Kieran Liew at 2005 Winter Tune-Up
	100 Back	1:16.34	<b>5-Feb-05</b>	Kieran Liew at 2005 Winter Tune-Up
	200 Back	2:41.36	<b>5-Feb-05</b>	Kieran Liew at 2005 Winter Tune-Up
	50 Breast	42.22	<b>23-Apr-04</b>	Nickie Kelly at Ontario Team Champs Division 1
	100 Breast	1:31.81	<b>11-Jun-04</b>	Nickie Kelly at TRENT Time Trial
	200 Breast	3:13.38	<b>1-Feb-90</b>	Kristen Kursiss
	50 Fly	35.09	<b>1-Feb-93</b>	Julie Cocks
	100 Fly	1:16.66	<b>1-Feb-93</b>	Julie Cocks
	200 Fly	2:48.32	<b>1-Mar-93</b>	Julie Cocks
	100 IM	1:21.05	<b>1-Jan-84</b>	Rebecca Sherlock
	200 IM	2:49.60	<b>1-Jan-93</b>	Julie Cocks
	400 IM	5:57.18	<b>1-Jan-93</b>	Julie Cocks
	100 Free Relay	1:07.69	<b>1-Jan-88</b>	K. Kursis, L.Oake, R. Oake, D. Shilling
	200 Free Relay	2:24.96	<b>1-Feb-94</b>	S. Albert, A. Alton, S. Andrews, A. Cocks
	100 Medley Relay	1:16.08	<b>1-Jan-88</b>	K. Kursis, L. Oake, R. Oake, D. Shilling
	200 Medley Relay	2:46.56	<b>1-Feb-94</b>	S. Albert, A. Alton, S.Andrews, A. Cocks
11-12	50 Free	29.32	<b>1-Mar-93</b>	Katie Sheridan
	100 Free	1:02.18	<b>1-Dec-90</b>	Lesley Oake
	200 Free	2:13.85	<b>1-Mar-87</b>	Jill Savege
	400 Free	4:39.51	<b>1-Dec-90</b>	Lesley Oake
	800 Free	9:38.15	<b>1-Mar-87</b>	Jill Savege
	1500 Free	19:40.09	<b>20-Oct-06</b>	Kieran Liew at 2006 Esso Challenge

**RECORDS Team Records**

	50 Back	32.93	<b>7-Dec-06</b>	Kieran Liew at 2006 Youth Cup
	100 Back	1:08.93	<b>1-Mar-95</b>	Julie Cocks
	200 Back	2:26.49	<b>1-Mar-95</b>	Julie Cocks
	50 Breast	35.75	<b>1-Oct-98</b>	Jacquelyn Craft
	100 Breast	1:17.87	<b>15-Nov-98</b>	Jacquelyn Craft
	200 Breast	2:44.24	<b>1-Nov-98</b>	Jaquelyn Craft
	50 Fly	34.59	<b>1-Oct-98</b>	Caley Nash
	100 Fly	1:07.30	<b>1-Mar-95</b>	Julie Cocks
	200 Fly	2:25.70	<b>1-Dec-94</b>	Julie Cocks
	100 IM	1:17.34	<b>21-Jan-06</b>	Kieran Liew at Jesse Coward Winterlude Meet
	200 IM	2:30.30	<b>1-Dec-90</b>	Lesley Oake
	400 IM	5:16.08	<b>1-Dec-90</b>	Leslie Oake
	200 Free Relay	2:02.92	<b>26-Jan-86</b>	E. Joore, J. Perkins, J. Savege, R. Sherlock
	400 Free Relay	4:43.78	<b>23-Feb-06</b>	K. Liew, N. Kelly, M. Reed, S. Paschalis
	800 Free Relay	10:24.12	<b>22-Oct-06</b>	C. Pammett, K. Liew, M. Reed, S. Vaughan
	200 Medley Relay	2:18.91	<b>1-Mar-95</b>	J. Cocks, J. Reesor, S. Andrews, S. Kingdon
	400 Medley Relay	5:30.15	<b>23-Feb-06</b>	M. Reed, N. Kelly, K. Liew, S. Paschalis
13-14	50 Free	27.97	<b>10-Jan-04</b>	Karen Kerr at Head to Head Dash for Cash - Trenton
	100 Free	59.82	<b>5-Dec-03</b>	Karen Kerr at Huronia Regional Short Course Championships
	200 Free	2:07.34	<b>1-Dec-88</b>	Jill Savege
	400 Free	4:23.34	<b>1-Dec-88</b>	Jill Savege
	800 Free	8:59.01	<b>1-Dec-88</b>	Jill Savege
	1500 Free	17:47.57	<b>1-Jan-89</b>	Jill Savege
	50 Back	30.99	<b>1-Feb-92</b>	Lesley Oake
	100 Back	1:04.76	<b>1-Nov-92</b>	Lesley Oake
	200 Back	2:19.39	<b>1-Feb-92</b>	Lesley Oake
	50 Breast	35.19	<b>16-Feb-06</b>	Alex Brown at Eastern SC Champs 2006
	100 Breast	1:16.33	<b>1-Dec-98</b>	Jacquelyn Craft
	200 Breast	2:41.17	<b>1-Mar-99</b>	Jacquelyn Craft

**RECORDS Team Records**

	50 Fly	30.89	<b>1-Oct-96</b>	Julie Cocks
	100 Fly	1:04.75	<b>1-Mar-96</b>	Julie Cocks
	200 Fly	2:18.48	<b>1-Dec-96</b>	Julie Cocks
	100 IM	1:15.07	<b>18-Jan-03</b>	Sarah Lynch at Jesse Coward Winterlude Meet
	200 IM	2:27.83	<b>1-Mar-96</b>	Julie Cocks
	400 IM	5:09.72	<b>1-Mar-96</b>	Julie Cocks
	200 Free Relay	1:58.76	<b>1-Mar-96</b>	O. Veraszto, J. Reesor, S. Kingdon, J. Cocks
	400 Free Relay	4:20.09	<b>7-Dec-06</b>	C. Pammett, J. Gow, K. Liew, N. Kelly
	800 Free Relay	10:15.93	<b>22-Oct-06</b>	J. Gow, T. Ostrander, N. Kelly, S. Mitchell-Ewart
	200 Medley Relay	2:09.82	<b>7-Dec-06</b>	K. Liew, N. Kelly, J. Gow, C. Pammett
	400 Medley Relay	4:43.99	<b>7-Dec-06</b>	K. Liew, N. Kelly, J. Gow, C. Pammett
15-17	50 Free	27.23	<b>1-Jan-83</b>	Wendy Lamers
	100 Free	58.94	<b>1-Jan-86</b>	Wendy Lamers
	200 Free	2:05.15	<b>1-Jan-90</b>	Jill Savege
	400 Free	4:21.45	<b>1-Feb-91</b>	Jill Savege
	800 Free	8:58.54	<b>1-Feb-91</b>	Jill Savege
	1500 Free	18:15.47	<b>17-Feb-05</b>	Karen Kerr at 2005 Eastern Canadian Championships
	50 Back	31.03	<b>1-Feb-93</b>	Lesley Oake
	100 Back	1:05.38	<b>1-Jan-93</b>	Lesley Oake
	200 Back	2:21.22	<b>1-Jan-93</b>	Lesley Oake
	50 Breast	33.35	<b>20-Feb-03</b>	Jacquelyn Craft at 2003 Eastern Canadian Championships
	100 Breast	1:11.65	<b>27-Feb-03</b>	Jacquelyn Craft at 2003 Short Course Junior & SWAD Provincials
	200 Breast	2:33.72	<b>27-Feb-03</b>	Jacquelyn Craft at 2003 Short Course Junior & SWAD Provincials
	50 Fly	29.77	<b>16-Feb-06</b>	Karen Kerr at Eastern SC Champs 2006
	100 Fly	1:06.28	<b>16-Feb-06</b>	Karen Kerr at Eastern SC Champs 2006
	200 Fly	2:25.02	<b>1-Jan-93</b>	Stephanie Taylor
	100 IM	1:11.10	<b>14-Oct-01</b>	Jacquelyn Craft at Sprint I
	200 IM	2:24.55	<b>27-Feb-03</b>	Jacquelyn Craft at 2003 Short Course Junior & SWAD Provincials

**RECORDS Team Records**

	400 IM	5:05.37	<b>27-Feb-03</b>	Jacquelyn Craft at 2003 Short Course Junior & SWAD Provincials
	200 Free Relay	1:52.57	<b>3-Feb-06</b>	K. Kerr, Z. Zeiler, A. Holek, S. Lynch
	400 Free Relay	4:07.18	<b>16-Feb-06</b>	Z. Zeiler, K. Kerr, J. Gow, D. Bowker
	800 Free Relay	9:27.80	<b>1-Feb-96</b>	L. Button, J. Taylor, A. Imrie, J. Cocks
	200 Medley Relay	2:01.92	<b>16-Feb-06</b>	S. Lynch, A. Brown, K. Kerr, Z. Zeiler
	400 Medley Relay	4:31.76	<b>16-Feb-06</b>	S. Lynch, A. Brown, K. Kerr, Z. Zeiler
18 & O	50 Free	26.75	<b>1-Jan-84</b>	Wendy Lamers
	100 Free	58.81	<b>1-Jan-84</b>	Wendy Lamers
	200 Free	2:11.65	<b>1-Jan-84</b>	Wendy Lamers
	400 Free	4:37.93	<b>1-Jan-84</b>	Wendy Lamers
	800 Free	9:48.46	<b>1-Jan-83</b>	Cheryl Kemp
	50 Back	33.24	<b>1-Oct-96</b>	Miranda Rose
	100 Back	1:07.26	<b>2-Feb-02</b>	Julie Cocks at OUA Champs
	200 Back	2:22.93	<b>3-Feb-02</b>	Julie Cocks at OUA Champs
	50 Breast	33.50	<b>19-Mar-04</b>	Jacquelyn Craft at 2004 NCAA Championships
	100 Breast	1:10.34	<b>19-Mar-04</b>	Jacquelyn Craft at 2004 NCAA Championships
	200 Breast	2:28.54	<b>20-Mar-04</b>	Jacquelyn Craft at 2004 NCAA Championships
	50 Fly	30.68	<b>19-Jan-01</b>	Deanne Demattos
	100 Fly	1:05.08	<b>1-Jan-84</b>	Wendy Lamers
	200 Fly	2:23.39	<b>3-Feb-02</b>	Julie Cocks at OUA Champs
	100 IM	1:14.83	<b>14-Oct-00</b>	Deanne Demattos
	200 IM	2:30.10	<b>1-Jan-84</b>	Wendy Lamers
	400 IM	5:09.16	<b>1-Jan-89</b>	Amy Perkins
	200 Free Relay	1:56.47	<b>1-Jan-87</b>	C. Drummond, B. Legros, A. Perkins, W. Lamers
	400 Free Relay	4:18.33	<b>1-Mar-96</b>	J. Taylor, B. Albert, J. Cocks, M. Rose
	200 Medley Relay	2:08.54	<b>8-Dec-02</b>	Sarah Lynch, Rachel Gow, Jacquelyn Craft, Kat Duckworth
Open	50 Free	26.75	<b>1-Jan-84</b>	Wendy Lamers
	100 Free	58.51	<b>1-Jan-84</b>	Wendy Lamers

**RECORDS Team Records**

200 Free	2:05.15	<b>1-Jan-90</b>	Jill Savege
400 Free	4:21.45	<b>1-Jan-91</b>	Jill Savege
800 Free	8:58.54	<b>1-Jan-91</b>	Jill Savege
1500 Free	17:47.57	<b>1-Jan-89</b>	Jill Savege
50 Back	30.99	<b>1-Feb-92</b>	Lesley Oake
100 Back	1:04.76	<b>1-Dec-92</b>	Lesley Oake
200 Back	2:19.39	<b>1-Feb-92</b>	Lesley Oake
50 Breast	33.35	<b>20-Feb-03</b>	Jacquelyn Craft
100 Breast	1:10.34	<b>19-Mar-04</b>	Jacquelyn Craft at 2004 NCAA Championships
200 Breast	2:28.54	<b>20-Mar-04</b>	Jacquelyn Craft at 2004 NCAA Championships
50 Fly	29.77	<b>16-Feb-06</b>	Karen Kerr at Eastern SC Champs
100 Fly	1:05.08	<b>1-Jan-84</b>	Wendy Lamers
200 Fly	2:18.48	<b>1-Mar-96</b>	Julie Cocks
100 IM	1:11.10	<b>13-Oct-01</b>	Jacquelyn Craft
200 IM	2:24.55	<b>27-Feb-03</b>	Jacquelyn Craft
400 IM	5:05.37	<b>27-Feb-03</b>	Jacquelyn Craft
200 Free Relay	1:52.59	<b>3-Feb-06</b>	K. Kerr, Z. Zeiler, A. Holek, S. Lynch
400 Free Relay	4:07.18	<b>16-Feb-06</b>	Z. Zeiler, K. Kerr, J. Gow, D. Bowker
800 Free Relay	9:27.80	<b>1-Feb-96</b>	L. Button, J. Taylor, A. Imrie, J. Cocks
200 Medley Relay	2:01.92	<b>16-Feb-06</b>	S. Lynch, A. Brown, K. Kerr, Z. Zeiler
400 Medley Relay	4:31.76	<b>16-Feb-06</b>	S. Lynch, A. Brown, K. Kerr, Z. Zeiler

**RECORDS Team Records****SC Meters-Male**

10 & U	50 Free	32.28	<b>1-Jan-95</b>	Bill Cocks
	100 Free	1:11.10	<b>1-Jan-84</b>	Matt Adams
	200 Free	2:33.40	<b>1-Jan-84</b>	Matt Adams
	400 Free	5:34.91	<b>1-Dec-94</b>	Bill Cocks
	800 Free	13:14.61	<b>25-Oct-02</b>	Anthony Liew at The Esso Challenge
	1500 Free	25:05.92	<b>1-Jan-89</b>	Erik Yuill
	50 Back	35.70	<b>1-Jan-84</b>	Matt Adams
	100 Back	1:17.17	<b>1-Jan-84</b>	Matt Adams
	200 Back	2:44.84	<b>1-Jan-84</b>	Matt Adams
	50 Breast	39.52	<b>1-Dec-94</b>	Bill Cocks
	100 Breast	1:27.76	<b>25-Apr-03</b>	Anthony Liew at 2003 Division II Team Championships
	200 Breast	3:08.61	<b>1-Dec-94</b>	Bill Cocks
	50 Fly	34.24	<b>1-Dec-94</b>	Bill Cocks
	100 Fly	1:19.07	<b>1-Dec-94</b>	Bill Cocks
	200 Fly	3:00.83	<b>1-Dec-94</b>	Bill Cocks
	100 IM	1:18.04	<b>1-Dec-94</b>	Bill Cocks
	200 IM	2:52.84	<b>25-Apr-03</b>	Anthony Liew at 2003 Division II Team Championships
	400 IM	6:13.63	<b>1-Jan-95</b>	Bill Cocks
	100 Free Relay	1:07.69	<b>1-Jan-88</b>	B. Bidgood, A. Burch, T. Grant, E. Yuill
	200 Free Relay	2:19.42	<b>1-Feb-91</b>	S. Adams, B. Bidgood, C. Dancel, B. Lillico
	400 Free Relay	5:32.82	<b>1-Jun-90</b>	S. Adams, B. Bidgood, C. Dancel, B. Lillico
	100 Medley Relay	1:27.66	<b>1-Jan-88</b>	B. Bidgood, A. Burch, T. Grant, E. Yuill
	200 Medley Relay	2:34.16	<b>1-Feb-91</b>	S. Adams, B. Bidgood, C. Dancel, B. Lillico
11-12	50 Free	26.77	<b>20-Apr-01</b>	Ryan Gow at 2001 Division 3 Championships
	100 Free	58.88	<b>1-Mar-01</b>	Ryan Gow at 2001 Ontario Jr. Provincials
	200 Free	2:08.55	<b>20-Apr-01</b>	Ryan Gow at 2001 Division 3 Championships
	400 Free	4:33.09	<b>1-Mar-01</b>	Ryan Gow at 2001 Ontario Jr. Provincials

**RECORDS Team Records**

	800 Free	9:51.99	<b>24-Feb-05</b>	Dustin Dwyer at Junior Provincial Short Course 2005
	1500 Free	18:35.41	<b>1-Mar-01</b>	Ryan Gow at 2001 Ontario Jr. Provincials
	50 Back	33.13	<b>3-Dec-04</b>	Anthony Liew at Huronia Short Course Championship 2004
	100 Back	1:08.11	<b>20-Apr-01</b>	Ryan Gow at 2001 Division 3 Championships
	200 Back	2:27.42	<b>20-Apr-01</b>	Ryan Gow at 2001 Division 3 Championships
	50 Breast	35.40	<b>1-Jan-78</b>	James Kemp
	100 Breast	1:16.99	<b>1-Nov-88</b>	Courtney James
	200 Breast	2:45.99	<b>1-Nov-88</b>	Courtney James
	50 Fly	32.47	<b>1-Oct-96</b>	Bill Cocks
	100 Fly	1:09.80	<b>1-Nov-88</b>	Courtney James
	200 Fly	2:36.90	<b>1-Jan-78</b>	Chris Engelke
	100 IM	1:13.34	<b>15-Jan-05</b>	Anthony Liew at Jesse Coward Winterlude Meet
	200 IM	2:31.02	<b>1-Nov-88</b>	Courtney James
	400 IM	5:21.73	<b>1-Nov-88</b>	Courtney James
	200 Free Relay	2:00.97	<b>24-Feb-05</b>	A. Liew, D. Dwyer, K. Malakos, B. Harris at Junior Provincial Short Co
	400 Free Relay	4:29.12	<b>26-Feb-05</b>	D. Dwyer, A. Liew, K. Malakos, B. Harris at Junior Provincial Short Co
	200 Medley Relay	2:14.01	<b>25-Feb-05</b>	D. Dwyer, A. Liew, K. Malakos, B. Harris at Junior Provincial Short Co
	400 Medley Relay	5:00.03	<b>27-Feb-05</b>	D. Dwyer, A. Liew, K. Malakos, B. Harris at Junior Provincial Short Co
13-14	50 Free	24.74	<b>27-Feb-03</b>	Ryan Gow at 2003 Short Course Junior & SWAD Provincials
	100 Free	53.89	<b>27-Feb-03</b>	Ryan Gow at 2003 Short Course Junior & SWAD Provincials
	200 Free	1:57.89	<b>20-Feb-03</b>	Ryan Gow at 2003 Eastern Canadian Championships
	400 Free	4:10.26	<b>20-Feb-03</b>	Ryan Gow at 2003 Eastern Canadian Championships
	800 Free	9:06.09	<b>20-Feb-03</b>	Ryan Gow at 2003 Eastern Canadian Championships
	1500 Free	16:36.91	<b>1-Feb-90</b>	Darren Murphy
	50 Back	29.86	<b>7-Dec-06</b>	Dustin Dwyer at 2006 Youth Cup
	100 Back	1:01.25	<b>1-Jul-35</b>	Matt Adams
	200 Back	2:10.93	<b>1-Dec-88</b>	Matt Adams
	50 Breast	33.17	<b>22-Oct-05</b>	Tyler Harris at Esso Challenge 2005 - Dash for
	100 Breast	1:09.66	<b>1-Dec-98</b>	Bill Cocks

**RECORDS Team Records**

	200 Breast	2:33.70	<b>1-Dec-98</b>	Bill Cocks
	50 Fly	28.48	<b>7-Dec-06</b>	Kori Malakos at 2006 Youth Cup
	100 Fly	1:01.53	<b>1-Mar-94</b>	Andrew Slot
	200 Fly	2:20.61	<b>1-Jan-99</b>	Bill Cocks
	100 IM	1:07.99	<b>18-Jan-03</b>	Ryan Gow at Jesse Coward Winterlude Meet
	200 IM	2:14.65	<b>11-Dec-98</b>	Bill Cocks
	400 IM	4:50.12	<b>16-Apr-98</b>	Matt Adams
	200 Free Relay	1:45.80	<b>1-Jan-94</b>	S. Moreau, C. Nash, A. Slot, E. Yuill
	400 Free Relay	3:56.33	<b>7-Dec-06</b>	K. Malakos, D. Dwyer, A. Liew, B. Harris
	800 Free Relay	9:09.30	<b>22-Oct-06</b>	D. Dwyer, K. Malakos, A. Liew, B. Harris
	200 Medley Relay	2:00.12	<b>7-Dec-06</b>	D. Dwyer, A. Liew, K. Malakos, B. Harris
	400 Medley Relay	4:23.69	<b>7-Dec-06</b>	D. Dwyer, A. Liew, K. Malakos, B. Harris
15-17	50 Free	23.11	<b>23-Feb-06</b>	Ryan Gow at 2006 Junior/SWAD S.C. Provincial Championship
	100 Free	50.90	<b>23-Feb-06</b>	Ryan Gow at 2006 Junior/SWAD S.C. Provincial Championship
	200 Free	1:52.63	<b>17-Feb-05</b>	Ryan Gow at 2005 Eastern Canadian Championships
	400 Free	4:05.14	<b>1-Feb-91</b>	Darren Murphy
	800 Free	8:19.85	<b>1-Feb-92</b>	Darren Murphy
	1500 Free	15:55.62	<b>1-Feb-91</b>	Darren Murphy
	50 Back	26.71	<b>16-Feb-06</b>	Zack Zeiler at Eastern SC Champs 2006
	100 Back	56.96	<b>19-Feb-99</b>	Matt Rose
	200 Back	2:03.98	<b>1-Feb-92</b>	Kevin Goode
	50 Breast	30.35	<b>1-Jan-98</b>	Scott Adams
	100 Breast	1:04.95	<b>1-Feb-98</b>	Scott Adams
	200 Breast	2:23.05	<b>1-Feb-98</b>	Scott Adams
	50 Fly	25.91	<b>22-Feb-01</b>	Bill Cocks at Speedo Youth/Junior Nationals
	100 Fly	56.53	<b>22-Feb-01</b>	Bill Cocks at Speedo Youth/Junior Nationals
	200 Fly	2:11.27	<b>7-Dec-01</b>	Bill Cocks at Huronia Regional Short Course Championships
	100 IM	1:02.94	<b>1-Oct-00</b>	Bill Cocks

**RECORDS Team Records**

	200 IM	2:08.62	<b>1-Jan-83</b>	James Kemp
	400 IM	4:35.62	<b>27-Feb-03</b>	Riley Kayser at 2003 Short Course Junior & SWAD Provincials
	200 Free Relay	1:37.87	<b>23-Feb-06</b>	R. Gow, Z. Zeiler, A. Davis, T. Harris
	400 Free Relay	3:38.90	<b>23-Feb-06</b>	R. Gow, Z. Zeiler, A. Davis, T. Harris
	800 Free Relay	8:16.77	<b>1-Feb-95</b>	A. Imrie, B. Murphy, E. Yuill, A. Slot
	200 Medley Relay	1:49.62	<b>23-Feb-06</b>	Z. Zeiler, T. Harris, R. Gow, A. Davis
	400 Medley Relay	4:11.27	<b>1-Feb-95</b>	T. Boudreau, A. Imrie, A. Slot, B. Murphy
18 & O	50 Free	21.95	<b>21-Nov-03</b>	Matt Rose at Texas A&M Invite
	100 Free	49.12	<b>21-Nov-03</b>	Matt Rose at Texas A&M Invite
	200 Free	1:53.22	<b>25-Nov-04</b>	Elliot Burger at 2004 Canadian Open & Short Course Nationals
	400 Free	4:01.37	<b>25-Nov-04</b>	Elliot Burger at 2004 Canadian Open & Short Course Nationals
	800 Free	8:27.93	<b>1-Feb-03</b>	Elliot Burger
	1500 Free	16:09.41	<b>28-Nov-03</b>	Elliot Burger at 2003 Fastswim
	50 Back	24.48	<b>7-Oct-04</b>	Matt Rose at 7th FINA World Short Course Championships
	100 Back	53.30	<b>26-Mar-04</b>	Matt Rose at 2004 NCAA Championships
	200 Back	2:02.74	<b>1-Feb-93</b>	Matt Adams
	50 Breast	30.25	<b>21-Feb-02</b>	Bill Cocks at 2002 SPEEDO Youth & Junior Nationals - EAST
	100 Breast	1:04.23	<b>1-Feb-99</b>	Scott Adams
	200 Breast	2:17.94	<b>1-Feb-89</b>	Brent Ellery
	50 Fly	25.09	<b>1-Feb-92</b>	Joel Simmonds
	100 Fly	55.20	<b>22-Nov-03</b>	Matt Rose at Texas A&M Invite
	200 Fly	2:08.33	<b>27-Nov-03</b>	Alex Babaris at 2003 Canadian Open Championship
	200 IM	2:07.47	<b>1-Feb-89</b>	Brent Ellery
	400 IM	4:29.93	<b>1-Jan-89</b>	Brent Ellery
	200 Free Relay	1:31.55	<b>25-Nov-04</b>	R. Gow, M. Rose, A. Maszko, S. Farrow
	400 Free Relay	3:27.74	<b>26-Nov-04</b>	R. Gow, M. Rose, A. Maszko, S. Farrow
	800 Free Relay	7:59.81	<b>21-Feb-02</b>	B. Cocks, R. Kayser, E. Burger, A. Hare
	200 Medley Relay	1:46.71	<b>28-Nov-04</b>	A. Babaris, R. Gow, S. Farrow, A. Maszko
	400 Medley Relay	3:54.49	<b>1-Feb-93</b>	M. Adams, C. James, J. Simmonds, K. Goode

**RECORDS Team Records**

Open	50 Free	21.95	<b>21-Nov-03</b>	Matt Rose at Texas A&M Invite
	100 Free	49.12	<b>23-Nov-03</b>	Matt Rose at Texas A&M Invite
	200 Free	1:52.63	<b>20-Feb-05</b>	Ryan Gow at 2005 Eastern Canadian Championships
	400 Free	4:01.37	<b>26-Nov-04</b>	Elliot Burger at 2004 Canadian Open & Short Course Nationals
	800 Free	8:19.85	<b>1-Feb-92</b>	Darren Murphy
	1500 Free	15:55.62	<b>1-Feb-91</b>	Darren Murphy
	50 Back	24.48	<b>10-Oct-04</b>	Matt Rose at 7th FINA World Short Course Championships
	100 Back	53.30	<b>26-Mar-04</b>	Matt Rose at 2004 NCAA Championships
	200 Back	2:02.74	<b>1-Feb-93</b>	Matt Adams
	50 Breast	30.25	<b>21-Feb-02</b>	Bill Cocks
	100 Breast	1:04.23	<b>15-Feb-99</b>	Scott Adams
	200 Breast	2:17.94	<b>1-Feb-89</b>	Brent Ellery
	50 Fly	25.09	<b>1-Feb-92</b>	Joel Simmonds
	100 Fly	55.20	<b>21-Nov-03</b>	Matt Rose at Texas A&M Invite
	200 Fly	2:08.33	<b>30-Nov-03</b>	Alex Babaris at 2003 Canadian Open Championship
	100 IM	1:02.94	<b>14-Oct-00</b>	Bill Cocks
	200 IM	2:07.47	<b>1-Feb-89</b>	Brent Ellery
	400 IM	4:29.93	<b>1-Jan-89</b>	Brent Ellery
	200 Free Relay	1:31.55	<b>25-Nov-04</b>	R. Gow, M. Rose, A. Maszko, S. Farrow
	400 Free Relay	3:27.74	<b>26-Nov-04</b>	R. Gow, M. Rose, A. Maszko, S. Farrow
	800 Free Relay	7:59.81	<b>21-Feb-02</b>	B. Cocks, R. Kayser, E. Burger, A. Hare
	200 Medley Relay	1:46.37	<b>16-Feb-06</b>	Z. Zeiler, R. Gow, S. Farrow, A. Davis
	400 Medley Relay	3:54.49	<b>1-Feb-93</b>	M. Adams, C. James, J. Simmonds, K. Goode